



# Fall Communications Internship

SO Good is a Unified fitness and wellness program offered by Special Olympics North Carolina for the benefit of persons with and without intellectual disabilities (ID) and their communities.

## LOCATION

- 100% Remote •

## REQUIREMENTS

Very comfortable working with individuals with ID of all ages

Availability 6:30 - 7:45 PM on most Tuesdays in September - November

Strong organizational and communication skills

Experience using Canva and Microsoft suite

## SCHEDULE

- 12 -15 hours / week •

Flexible, can vary from week to week •

- Mid July - November •

## DESIRED QUALIFICATIONS

Previous experience with Special Olympics

Interest in fitness, nutrition, or wellness

Interest in photography, videography, script writing, video editing, graphic design, or production

Mix of creative and analytical thinking

## POTENTIAL RESPONSIBILITIES INCLUDE:

- Data collection, tracking, and entry
- Communicating with teachers and coordinators
  - Utilizing Goosechase, an interactive experience app, to engage participants
- Statewide fitness program marketing and promotion
- Utilizing Canva for graphic design edits or production
  - Scripting and hosting Zoom workouts
  - Script training for individuals with ID
- Photography, videography, and subsequent editing

We are happy to approve hours for class credit!

**Want to apply? Send a resume to [volunteers@sonc.net](mailto:volunteers@sonc.net) and [CC SOGood@sonc.net](mailto:CC SOGood@sonc.net)!**

All internships with Special Olympics North Carolina are on a strictly volunteer basis.

